

EXECUTIVE COACHING SPECIALISTS

NATHALIE VAN DER POEL EXECUTIVE COACH <u>nathalie.vanderpoel@theprestonassociates.com</u>
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Nathalie brings over 20 years of experience as a leadership development and organisational transformation expert and executive coach. She has successfully led organisational, cultural and leadership transitions with senior executives and their teams over a range of different sectors and industries. Her warmth and compassion, combined with her ability to pinpoint personal blind spots and challenge leaders on how to improve their effectiveness, has proven a powerful intervention in people's learning and growth.

## **EXPERIENCE**

Over the past two decades, Nathalie has worked as a global consultant, facilitator and executive coach in leadership development and organisational culture transformation. Her clients range from senior leaders, management teams and board members to a vast range of blue-chip organisations. Nathalie also brings her expertise as an executive coach to international leadership development consulting organisations and business schools such as INSEAD, where she is a lecturer.

From her diverse experience having worked in the U.K., Zambia, USA, Africa and South America, Nathalie has a thorough understanding of today's challenges in the business world. Be it to both perform and transform at the same time, digital transformation, equality, diversity and inclusion, or global economic and political transitions. Before founding her own company, Nathalie was an MT member (and the first and only female) of an offshore gas production facility for Shell, a senior process and reservoir engineer for ExxonMobil and responsible for a portfolio of US\$ 1 billion of infrastructure loans with the World Bank.

Nathalie is passionate about learning and facilitating others in their development. Authenticity, vulnerability, strength, compassion, and courage are keywords in her work with senior leaders.

In her spare time, Nathalie enjoys spending time with her husband, two children and dogs. She loves hiking, gardening, horse riding, reading and nature.

## **EDUCATION, QUALIFICATIONS, PROFESSIONAL MEMBERSHIPS**

- Certified Organisational Systemic Coach, Co-active Coach, Leadership Circle Profile Executive Coach, Theory U Facilitator, Relationship Counsellor
- MSc Chemical Engineering, Delft University of Technology, The Netherlands
- MBA (with distinction), INSEAD Business School
- Fluent in English and Dutch and proficient in Spanish, French and German