

The Preston Associates

EXECUTIVE COACHING SPECIALISTS

REBECCA PRIESTLEY MVO

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MENTOR, EXECUTIVE COACH

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With 10 years' experience working for The Royal Household at Kensington Palace, Rebecca specialises in coaching and mentoring individuals to navigate high profile, high stakes professional and family systems. Her passion is supporting both emerging talent and established clients to overcome challenging transitions, helping them to develop successful personal branding as well as achieving personal and professional goals. Rebecca's style is pragmatic and insightful, establishing relationships based on trust. She offers strategic thinking and empathetic support at critical times of change and personal development.

EXPERIENCE

Rebecca started her career working in publishing for Conde Nast before being recruited to join The Royal Household in 2007.

She worked for Prince Harry, supporting his official programme, both domestically and internationally, and managing communications for his Africa based charity, Sentebale. Rebecca was then appointed Assistant Private Secretary to TRH The Duke and Duchess of Cambridge and Prince Harry, following her work on the wedding of The Duke and Duchess of Cambridge.

In 2012 Rebecca was promoted to Private Secretary to HRH The Duchess of Cambridge. During her six years in this post Rebecca was responsible for the overall strategic narrative and delivery of HRH's public work, and the establishment and growth of her office at Kensington Palace. In addition to her coaching work, Rebecca is a Consultant who specialises in strategic communications and complex change management programmes.

Rebecca is actively engaged in work supporting mental health and emotional wellbeing. This is an issue she is personally passionate about and made significant strategic contributions in this space during her time at Kensington Palace, on campaigns such as Heads Together. This informs Rebecca's coaching as she looks to bring positive changes to culture and wellbeing in the workplace.

EDUCATION, QUALIFICATIONS, PROFESSIONAL MEMBERSHIPS

- BA Honours in English Literature, University of Newcastle
- SAID Business School, University of Oxford – Reputation and Executive Leadership Programme
- Executive and Personal Coach, Barefoot, London
- Post Graduate Certificate in Executive Coaching, University of Chester (In Progress)