

CARRIE CHAPPELL

EXECUTIVE COACH,
PROFESSIONAL DEVELOPMENT TRAINER

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Carrie's coaching style is warm and empathetic. With her calm energy and holistic approach, she supports her clients to strengthen their mindset, confidence and professional impact to achieve their full potential. She is a firm believer that you perform at your best when you bring your whole self to work.

EXPERIENCE

Carrie brings over 20 years' corporate experience from the world of marketing communications to her coaching practice, having led Global and UK marketing campaigns for clients such as Coca-Cola, The Walt Disney Company, Unilever, Heineken and Kraft Heinz. She has vast experience in developing, leading and motivating individuals and teams to perform at their best.

Since qualifying as an executive coach, Carrie now supports her clients to identify their goals, overcome both professional and personal blocks and play to their strengths. She has a particular interest in working with senior and high potential female leaders to ensure they achieve their full potential.

Carrie specializes in team and group coaching, supporting organizations across many sectors in upskilling their managers and leaders to enhance performance and develop inspired, motivated and high performing teams.

Carrie lives in London with her husband and three young children and loves to travel.

EDUCATION, QUALIFICATIONS, PROFESSIONAL MEMBERSHIPS

- Postgraduate Certificate in Personal and Business Coaching, University of Chester
- Member of the International Coaching Federation
- Systemic Team Coaching Practitioner Certification
- Advanced Practitioner of Imposter Syndrome Coaching
- Executive Wellness Coaching Certification
- Menopause Coaching certification
- Hogan Certified
- Professional Postgraduate Diploma, Chartered Institute of Marketing
- BA (Hons) Political Studies and Law, University of Leeds