## The Preston Associates

EXECUTIVE COACHING SPECIALISTS

## **CHRISTIAN CULLINANE**

**EXECUTIVE COACH** 

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Christian's coaching style is supportive and challenging, taken from a foundation of what it takes to achieve both commercial and physical performance in demanding environments.

## EXPERIENCE

Christian is an experience Managing Director, Chief Commercial Officer, and Non-Executive Director. He has worked in a diverse range of technology focused FTSE 100/250 AIM listed and PE backed companies across the industries including IP licensing, cleantech, defense, telecommunications and aerospace. He has been instrumental in winning and implementing complex programmes valued up to \$1.5bn, as well as scaling a start-up in the Kingdom of Saudi Arabia! Warm, enthusiastic, supportive and when needed, challenging, he specializes in strategy and performance, resilience and authentic presence and leadership.

Coaching CXO and Senior Executives in the financial services, SaaS, private office, technology, energy and manufacturing sectors, Christian brings a unique perspective to clients, drawing on his background as an experienced endurance racer, leading teams through ultra-distance challenges in the harshest of desert, arctic and mountain environments around the world.

Working consistently in multi-cultural environments with global clients, during his 30-year career he has lived and worked in Europe, the United States and GCC countries. Christian has been a Trustee at the national bereavement support charity for children and young people, Winston's Wish, and a Personal Mentor for the Queen's Young Leaders programme. Married with three grown children, he lives in the Cotswolds, UK.

## EDUCATION, QUALIFICATIONS, PROFESSIONAL MEMBERSHIPS

- Post Graduate Certificate in Executive & Leadership Coaching, University of the West of England
- Institute of Leadership & Management Level 7 Accredited Coach
- Advanced Management Programme at the University of Reading Henley Business School
- BA (Hons) Law & International Relations
- Member of the Henley Centre for Coaching

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