

The Preston Associates

EXECUTIVE COACHING SPECIALISTS

VANESSA COX

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Vanessa has over 25 years' experience in successfully transitioning senior executives into new career opportunities and supporting development of senior leaders within their business. Be it in executive search, strategy consulting and now executive coaching, she has worked across diverse industries, including professional and financial services, FMCG, and technology and dynamic growth companies.

Experience

With executive experience in executive search and strategy consulting, Vanessa has built and sold a business, run the European arm for an American business and worked in partnerships, growing and developing a regional Germany, Austria, Switzerland franchise.

Over the years she is proud to say she has become a trusted thinking partner to senior European business leaders, a developer of young entrepreneurial leadership talent and a commercial partner to businesses and investors.

Vanessa's coaching experience has a strong focus on organisational development programs, and encompasses both 1:1 coaching (transitioning leaders into roles, developing individuals as part of leadership teams) and respective team coaching. This requires a holistic approach of determining and achieving success based on the expectations of a broad set of stakeholders, and creating and ensuring sustainable organisational and personal change.

Additionally, she works together with individuals in the "what's next" phase, helping them to identify new areas of interest, matching their transferable skills, encouraging them to follow and realise their dreams/passions, even in a "post" career phase.

Vanessa's coaching style is highly empathetic, challenging with positive intent and with humour!

She has lived and worked in France, UK, Canada, India and Germany.

Education, Qualifications, Professional Memberships

- Completed Postgraduate Graduate Certificate in Executive Coaching, University of Chester
- Member of the ICF (International Coach Federation)
- Diplômée Grande Ecoles, ESCP Europe
- Fluent in French, English and German