

# The Preston Associates

EXECUTIVE COACHING SPECIALISTS

**TOM PRESTON**

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Tom's coaching style is result-focused, empathetic yet challenging and uses his extensive business experience to inspire current and future leaders to deliver their full potential within a business.

## **Experience**

During his career, Tom has participated in the management buy-out of a major commodity-trading firm of which he became a director. He was also Managing Director of a private equity fund and the Chief Operating Officer of an investment bank in Asia.

Tom has 20 years of coaching experience as a senior executive. His coaching style is business and results-focused, empathetic yet challenging. He is inspired by enabling clients to get the results they seek from executive coaching. Tom's one-to-one and team-coaching programmes are completely bespoke and combine business rigour with enlightenment and fun.

Tom's client list includes some of the most prestigious global brands; he and his Associates are regularly coaching across UK, Europe, Middle East, Africa and Asia Pacific.

## **Education, Qualifications, Professional Memberships**

- Post Graduate Certificate in Executive Coaching, University of Derby
- Regular Lecturer on PG Cert Executive Coaching programme at Chester University
- Member of the European Mentoring and Coaching Council
- Author of the best-selling book 'Coach Yourself to Success'